

What is claimed is:

1. A polishing agent for polishing a surface of a target object, said polishing agent comprising mother particles and abrading particles on surfaces of said mother particles.
2. The polishing agent of claim 1 wherein said abrading particles remain on said mother particles while said polishing agent is being used to polish said target object.
3. The polishing agent of claim 2 wherein the average diameter of said abrading particles is 1/500-1/5 of the average diameter of said mother particles.
4. A method of producing the polishing agent of claim 1, said method comprising the step of adding said mother particles into a polishing liquid in which said abrading particles are dispersed and the step of stirring together said mother particles and said polishing liquid.
5. A method of using the polishing agent of claim 1 and a polishing means to polish said target object; said method comprising the steps of;
  - 20 supplying a specified amount of said polishing agent between said polishing means and said target object to be polished; and
  - causing said polishing means to move relative to said target object while keeping said polishing means practically in contact with said target object.
- 25 6. The method of claim 5 wherein said polishing means comprises a flat and smooth tape.
7. The method of claim 6 wherein said tape is rotated at a specified rotational speed.

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8. The method of claim 5 wherein said polishing means comprises a lapping plate.
9. The method of claim 8 wherein said lapping plate is rotated at a specified 5 rotational speed while a lapping process is carried out on said target object.